

Explore the Uniqueness and Magic of Southindian Temples and Sacred Landscapes

***Discover the Roots of Vastu, Ayurdeva and Yoga-Meditation
with Sabine Kunzfeld***

***16 days Trip to Tamil Nadu and Kerala
24.10.2020 – 8.11.2020***



DAY 01 CHENNAI 24.10.20

Arrival at Chennai International airport in the early morning.
Peacock Trail walking tour. Overnight stay at the hotel.

DAY 02 CHENNAI-MAHABALIPURAM 25.10.20

Enroute stop over at the **Dakshina Chitra Museum**:



DakshinaChitra is an exciting cross cultural living museum of art, architecture, lifestyles, crafts and performing arts of South India.

www.dakshinachitra.net

The Tiger Cave

Check-in to a nice hotel and enjoy a free evening with relaxing **at The Beach**.

Overnight stay at **Mahabalipuram**: well known for its temples and monuments built by the Pallava Dynasty in the 7th and 8th centuries.



We visit the unique temples and monuments of Mahabalipuram,
UNESCO World Heritage Site

Krishna's Butter Ball is a massive boulder balanced on a small hill



The seafont Shore Temple with three granite shrines

DAY 03 MAHABALIPURAM 26.10.20
Pancha Rathas,
Darshan at the famous Shore Temple
on the banks of the Bay of Bengal

In the afternoon you can visit the **Palm Leaf Reader in Mahabalipuram.**
Overnight stay at Mahabalipuram.

DAY 04 MAHABALIPURAM-THIRUVANNAMALAI 27.10.20

Today we visit the **Arunachaleswara Temple.** This gigantic temple is located at the foot of the sacred **Thiruvannamalai Hills.**



The **Arunachaleswara Temple** is one of the **Pancha Bhoota Stalams**, means the manifestation of one of five natural elements: **earth, water, fire, wind, space**. We will contemplate at this holy place and discuss the nature of the five natural elements / Sanskrit: tattvas: earth, water, fire, wind and space.



Der heilige Berg Arunachala : Arunachala ist OM, heisst es...

After this we also visit the famous **Ramana Ashram at the foot of Arunachala**.

Together we will enjoy the authentic Ashram food.

Mountain-meditation at this holy place with Sabine.

We spend the night in Thiruvannamalai.

DAY 05 - PONDICHERRY 28.10.20

Today we proceed to **Pondicherry & Auroville**



Irgendwo auf der Erde sollte es einen Ort geben, den keine Nation als ihr alleiniges Eigentum beanspruchen kann. Einen Ort, in dem alle Menschen mit gutem Willen und aufrichtigem Streben frei als Weltbürger leben können und nur einer einzigen Autorität gehorchen: der höchsten Wahrheit ...
Mirra Alfassa, Visionärin und Gründerin von Auroville: The Mother

In Pondicherry we visit the amazing universal ideal township Auroville. Explore and enjoy Auroville. We will live there or nearby.

DAY 06: PONDICHERRY 29.10.20

DAY 07: PONDICHERRY - KUMBAKONAM 30.10.20 (03 HRS DRIVE- 131KM)

Dinner at the “Paradise Resort”



DAY 08: KUMBAKONAM

31.10.20

After breakfast we relax at the Paradise Resort.

In the afternoon we visit the old town.

Stay one more night at the Paradise Resort, Kumbakonam



Brahadeshwara Temple

DAY 09: KUMBAKONAM- THANJORE-MADURAI 1.11.20

(APPX 04 HOURS 30 MIN-229KM)

Today we drive to **Tanjore**, the **City of Temples**: highlights like the **Shiva Ganga Garden** and the magic **Brahadeshwara Temple...**

Visit the manufacturing of vinas:
South Indian stringed instruments



Sri Meenakshi Temple

Later transfer to Madurai. Check in to the hotel and relax.

For the Evening Darshan we visit the amazing **Sri Meenakshi Temple**. This very important and famous temple has a lot of religious fervor, not all parts are accessible to Nonhindus.

It is great to discover this beautiful historic architecture and to experience so many people worshipping the **Goddess Meenakshi and God Shiva**.

Meenakshi: The Warrior Goddess Who Could Not Be Defeated by Any Man
...Until She Met Shiva

DAY 10 MADURAI 2.11.20

Sri Meenakshi Temples flower market and the **Thirumalai Nayakar Mahal**.

We visit the Gandhi Museum and the manufacturing of bronze figures...

DAY 11 MADURAI - COIMBATORE (APPX 5 HR -250KM) 3.11.20

We visit the **Adiyogi in Mahashivaratri Grounds**, Ishana Vihar, Velliangiri Foothills. We stay at the **Ashram Isha Foundation**:

Experience the power of Yoga!



Adiyogi, Isha Foundation www.sadhguru.org

DAY 13 COIMBATORE – Kerala 5.11.20

DAY 13-16 Kerala 5.11.20

Welcome to the **Meiveda Ayurveda Resort**: Enjoy the pleasant beach, creating a picturesque backdrop. Incl. Ayurveda-Therapy, breakfast, lunch and dinner.



Optional half-day
Cochin Tuk tuk
backwater tour.

DAY 16 DEPARTURE 8.11.20

After Breakfast Hotel Check-Out and Transfer to the International Airport Cochin

THE PACKAGE INCLUSIVE:

- Ø All Transfers and Sightseeing by A/C Tempo Traveller,17-Seater
- Ø Accommodation Double or Single Rooms with Daily Breakfast i.e.
- Ø Daily Buffet Breakfast in above said Hotels.
- Ø Ayurveda Package on full board vegetarian meal
- Ø Complementary of mineral water daily each
- Ø All interstate taxes, permits, toll, parking and fuel charges etc.
- Ø Drivers allowances and all other expenses related to the car.
- Ø Monuments entrances.
- Ø All hotel taxes and service charges.

TOUR EXCLUDES:

- Ø Any air fare.
- Ø Camera Fee (Still or Video).
- Ø Cost of any services of personal nature.
- Ø Cost of Lunches or dinners if otherwise not mentioned.

Important Remark:

Booking will be confirmed after receiving advance and on availability of hotels mentioned.

There will not be any change in the hotels mentioned without informing you.

Reisekosten: Doppelzimmer/ pro Person: ca. 1700 €

Reisepreis mit Einzelzimmerzuschlag: ca. 2100 €

Anmeldung bei: Sabine Kunzfeld +49 (0)151 – 42429825

Teilnehmeranzahl: 5 - 12 Personen

Bei Interesse an der Reise einfach kurz anrufen.

Am 19.2.2020 / 18:00 Uhr, gibt es einen Informationsabend.

Herzliche Grüße, Sabine